



Support near you to help with winter worries

Neighbourhood Winter Services Guide Didsbury, Chorlton Park and Burnage



- Local foodbanks and Warm Hubs
- Advice on finances, energy and much more
- Family support and activities
- Other local offers to help you this Winter.

Call Manchester's free Cost of Living Advice Line **0800 023 2692**

Open Monday to Friday, 9am-4.30pm

Text us on **07860 022 876** manchester.gov.uk/coladvice

Local services that can help you

If you need help and support this Winter, there are a wide range of local services that are there to help you if and when you need them. From food support to money advice, and staying connected, help is at hand in your neighbourhood. Please don't be afraid to ask for support if you need it and make contact with the services listed below.



Local food banks and clothing.

Chorlton and Didsbury Foodbank

Provides food parcels to families and individuals. Referral required from an agent such as a Housing Association, Citizens Advice or Social Worker/Prescriber.

- Christ Church, Darley Ave, West Didsbury M20 2ZD
St Barnabas, Chorlton M21 8DH
- Drop in service on Wednesdays 11am to 12.30pm at Christ Church and Fridays 12.30 to 2pm at St Barnabas
- Delivery Only service for people with mobility issues and large families on Tuesdays 1.30 to 3pm
- Find out more at www.chorltondidsbury.foodbank.org.uk

Emmeline's Pantry

A charity run by women for women in need, ensuring they are provided with the best possible support. Emmeline's Pantry helps women and their families access the things they need most, including food, toiletries, baby equipment and clothes.

A referral can be made to the Food Bank by any registered professional for service users who have no money to buy food, clothes, toiletries, cleaning products or baby items. A referral can be made to Food Pantry by any registered professional for service users who have less than £10 per adult and £5 per child per week for food (service is accessed by a set donation dependent on size of the family.)

- Email emmelinespantryparlour@gmail.com or call 0161 204 3373

Burnage Food Bank

Foodbank parcels with longlife food only. Toiletries and household items provided if available as well as signposting to other support. Referral is required and you will need a voucher code which can be accessed from your local Housing Association, school, GP or community centre. Once you have your voucher code take it along to:

- Tuesdays 12.30 to 2.30pm at the Parish Hall St. Nicholas Church, Kingsway, M19 1PL
- Fridays 3 to 5pm at Parish Rooms, St. Bernard's Church, Burnage Lane M19 1DR
- Email info@burnage.foodbank.org.uk for further information.

Community Grocery

£5 annual membership then £3 per shop. To sign up to be a member visit your nearest store (see website or call the number).

- Visit www.communitygrocery.org.uk, call 0161 946 9494 or email hello@communitygrocery.org.uk

Quids In Food Clubs

Quids In offers members a variety of food worth around £15 for a £3 weekly membership fee. It's for tenants of Southway Housing Trust living in the postcode area and in receipt of Housing Benefit, Universal Credit or Pension Credit. You can apply by emailing quidsin@southwayhousing.co.uk or call 0161 448 4200 and ask about joining Quids In. Individual clubs run at:

- **Brookfield Quids In Club** - Thursdays 10.30am to 1pm at Brookfield House (white building in Chorlton Park, Nell Lane entrance), Nell Lane, Chorlton M21 7UD
- **Merseybank Quids In Club** - Fridays 12pm to 3pm at the Pop Up Shop on Merseybank Shopping Parade, 42 Merseybank Avenue, Chorlton M21 7NN
- **Burnage East Quids In Club** - Wednesdays 10.30am to 1pm at N-Gage Youth Centre, 345 Burnage Lane, Burnage M19 1EN
- **Burnage West Quids In Club** - Wednesdays 10am - 1.30pm at Westcroft Community Centre, Westcroft Road, Burnage, M20 6EF

The Bread and Butter Thing

Pay £7.50 for £35 worth of shopping. Text 07860 063304 with your full name, postcode and the name of the HUB you'll be collecting from (see website for HUB locations)

- www.breadandbutterthing.org

The Den café

Community café Monday-Weds offering breakfasts for children pre school (7am-10) and lunches (12-2) Snacks (2.30-4.30). Run by Merseybank Garden Group and funded by donations where possible for Chorlton Park residents or anyone who needs support.

- Located at The Den Cafe, 40 Merseybank Avenue M21 7NN
- Call 07851 454 612 for more information

Need support with your mental health? You can contact the Mind infoline on 0300 123 3393 for advice. Greater Manchester Mental Health also run a 24/7 helpline on 0800 953 0285 for crisis or urgent support.

this Winter.



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Support and advice.

Neighbourhood Advice Service

Provides free face to face legal advice, advocacy and representation on housing, employment, debt and benefits. People must live in Chorlton Park, Didsbury or Burnage.

- Email neighbourhoodadvice@gmlaw.org.uk or call 07907 368 415

Southway's Advice Services

Provides free welfare rights advice, debt advice, budgeting and financial inclusion advice for tenants of Southway Housing. Also offer 1:1 help with employment and training and energy advice through our energy buddies service.

- Phone the Southway hub 0161 448 4200 and ask to be referred or email AdviceTeamReferrals@southwayhousing.co.uk

South Manchester Credit Union

A community based credit union that provides saving accounts and loans to the people of South Manchester. SMCU continuously look to support people's finances and make a positive difference to their lives with a range of local and savings options. It's open to anyone in the South Manchester area including postcodes M90, M22, M23, M20, SK4, M19, M21, M14, M16, M15, M13, M12 and M18.

- Find out more at www.smcreditunion.co.uk
- Front desk at 187 Fog Lane, Burnage M20 6FJ open 10am to 3pm Monday, Tuesday, Thursday and Friday.



Befriending and wellbeing.

Barlow Moor Community Association

Barlow Moor Community Association provide a wide range of services including crisis support, a warm hub, health and wellbeing, food provision (including food parcels and lunches) and provisions for children and young people. Based on Merseybank and open to all.

- Find out more at www.bmcaltd.co.uk, email rachel@barlowmoorca.co.uk, call 0161 446 4805 or WhatsApp 07760 117235
- Located at Barlow Moor Community Centre, 23 Merseybank Avenue, Chorlton M21 7NT
- Warm Hub on Mon, Weds, Thurs 9am -4pm; Tues 9-6.30pm and Friday 9am-2pm.

Burnage Good Neighbours

Burnage Good Neighbours provides opportunities for people who feel isolated to make new friends and feel part of their local community. They host a number of groups such as lunch club, art & crafts, health and fitness. They also offer a weekly 'catch-up' by phone, newsletters and referral services to help people who may be alone and isolated. Eligible to over 55 year olds. The team also offer volunteering opportunities for people wanting to support their services.

- Find out more at www.burnagegoodneighbours.org.uk or call 0161 431 7220
- You can also email sam@burnagegoodneighbours.org.uk or krysia@burnagegoodneighbours.org.uk for more information
- Located at Burnage Community Centre, 347 Burnage Lane M19 1EW

Didsbury Good Neighbours

Didsbury Good Neighbours is a local charity whose aim is to provide neighbourly support to older people. They do this through a volunteer befriending service, practical help and a programme of social activities.

Winter activities include a Tuesday Coffee Morning followed by complimentary hot soup/stew and a Friday Film Club (also with stew/soup for all in the interval).

- Located at Didsbury Good Neighbours, Didsbury Park M20 6WH
- Coffee Mornings Tuesdays 10am to 12 noon (membership is required and applicants must be over 55 with a Manchester postcode)
- Friday Film Club Friday's 12:30 to 3/3:30pm (for members of the local community aged over 55 who have been referred by a professional agency, family member or have self referred)
- Find out about membership, all the activities and services at www.didsburygoodneighbours.org.uk or call 07749 504298

Chorlton Good Neighbours

Supporting adults, aged 65+ with visits, transport, odd jobs and social activities. There is also a parent and toddler group and a positive living group.

- Chorlton Good Neighbours Care Group, Wilbraham St Ninians Church, Egerton Road South, M21 0XJ
- Monday, Tuesday, Thursday and Friday: 9.30am to 12.30pm and Wednesday 12pm to 3pm
- To join a group or refer someone, call 0161 881 2925 or email helen@chorltongoodneighbours.org

Thank you to all voluntary groups and organisations for providing these services and information, we genuinely value your support in keeping our residents healthy and well.



West Croft Community Association

Friendly Burnage based Community Centre offering a variety of courses, opportunities for volunteering and help getting into work as well as other services connecting people with the community.

Services include Souper Chatty sessions where you can drop in for a warming bowl of soup, chat to the team, keep warm and make friends. You can also drop in for a brew on weekdays, take part in cooking together sessions, get employment support, attend Women's Chillout and come to film club.

- Located at 24-26 Westcroft Road, Burnage, M20 6EF
- Souper Chatty sessions are on Thursdays 10am to 4pm
- Drop in for a brew any weekday from 9am to 4pm
- Eat, meet and greet sessions (chat, cooking and eating together) on Mondays 10am to 1.30pm
- Find out more about all the activities and services at www.westcroftcommunitycentre.org, by emailing westcroftcommunitycentre@gmail.com or calling 0161 448 8232 for specific times.

Project CHA – Women's Health Group

Meets on Friday mornings in Burnage offering friendship health and wellbeing activities, information and healthy snacks. For Black and South Asian women aged 18+ living in Burnage, Chorlton Park and Didsbury.

- Friday's 10am to 12noon at Burnage Community Centre, Burnage Lane
- Contact 07974 788 762 for information.

The Forum at Southern Gate

A cosy community space to enjoy a hot drink in a warm and welcoming environment. Books to swap and board games to play. For people who are tenants of Southway Housing.

- Mondays 10am-1pm at Southern Gate, 729 Princess Road, Didsbury, Manchester M20 2LT.

St Barnabas warm welcome coffee morning

Coffee morning and warm space for people from the local community.

- 10.45 to 11.45 am every Friday including over Christmas
- St Barnabas on the corner of Hurstville Road/Hardy Lane M21 8DH

Kingsburn Hall Warm Hub

A friendly space if you need to stay warm with wi-fi, tea, coffee, soup and a roll at no cost.

- Thursdays 10.00 am to 3.00 pm at Kingsburn Hall, 814 Burnage Lane, M19 1RS
- Email family.church@southmanchester.net if you need any information.

Chorlton Central Warm Hub

Warm food and company.

- Thursdays 3:30pm to 6pm at Chorlton Central Church, Barlow Moor Rd M21 8BF



Warm Hubs and other local groups

Didsbury Mosque Warm Hub

Didsbury Mosque offers a Warm Hub offering hot meals and hot drinks and free WiFi. It's a place to relax, socialise and keep warm and is open to all.

- Open 11am to 3pm Monday to Thursday from November to February
- Didsbury Mosque & Islamic Centre, 271 Burton Road M20 1HN

St Barnabus Warm Hub

Warm space for people from the local community.

- 10.45 to 1 pm every Friday
- St Barnabas on the corner of Hurstville Road/Hardy Lane M21 8DH



COVID and Flu are about this Winter - Get your Flu vaccination and COVID winter booster!

Those eligible, which includes everyone over 50, are urged to get both the Autumn COVID booster and the flu vaccine so you not only avoid getting ill yourself, but also so you don't pass either virus to anyone else.

You can find out about if you can get it and where to get your vaccinations at www.manchester.gov.uk/getmyjab or by calling **0800 840 3858**. It's open five days a week from 9am to 5pm with a translation service available.

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