

Get CONNECTED!

Friendly, free digital skills workshops to help you safely access NHS, housing and other services using the internet.

FREE

Just drop in

Local classes

Low cost equipment available



There's so much you can do online using the internet - from managing your finances to staying connected and supporting your health.



Join us at our friendly, free digital skills workshops to learn how you can do these things easily and safely.



You don't need an appointment, you can just come along for a chat and learn some new skills!



Find out where to get connected →

Come along and join us at any of these sessions. They all include advice on internet safety and security.



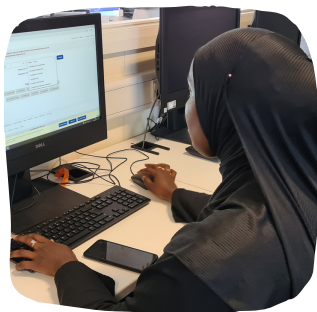
Whitswood GP Practice

Manchester
Adult
Education



- Near Alexandra Park, Moss Side, M16 7AP
- Wednesday mornings on 6th, 13th, 20th and 27th July - 9.30am to 12 noon.

Want to use GP and NHS services online? Need help with emails? Not sure where to start? Get personalised support with a professional digital skills teacher from Manchester Adult Education. For more information call 07814 041432.



Somali Advice Link digital/work club



- 145-151 Princess Road, M14 4RE
- Tuesday 10am - 2pm
- Powerhouse, Raby Street M14 4SP
- Wednesdays & Thursdays 11am - 1.45pm

Learn how to use computers, send emails and access the internet for digital skills like booking health appointments, finding work, applying for jobs, and managing benefit claims including Universal Credit. Arabic, English and Somali sessions. Call 0161 272 7909 for more information.



Ethnic Health Forum digital skills



- Trinity House, Grove Close, M14 5AA
- Thursdays between 12 noon and 2 pm

Join our basic digital skills learning with one-to-one support in Arabic, English, Kurdish, Spanish and Urdu. Get free and friendly help to save money, stay healthy, connect with loved ones or find a course to start your dream job. Contact 0161 408 4331 for more information.

Ready to learn more about computers?

If you want to learn more about computers, join one of our free classes at Greenheys Adult Learning Centre, Moss Side. There are classes for all levels and our friendly, experienced teachers will provide you with individualised support. Visit www.manadulted.org.uk or call 0161 219 6733 to find out more.

Do you, a friend or family need devices to get online?

Community Computers can provide a low-cost fully licensed refurbished desktop or laptop computer, tablet or mobile phone at low cost to those on low income. Desktops £69, laptops £99. Call 0161 476 2777 and select option 4.

