

Safe and Healthy Baby Service

Information for parents, carers
and families



About our service

We are a small team of experienced nurses and midwives. We are here to support you and your family from pregnancy, up to your baby's first birthday.

We understand that life can be challenging and complicated, especially when there's a new baby.

We bring together all the services you need such as midwives, health visitors, school and housing so we can work together to support you and your family.

Working together with you, we will lead meetings with you and other services to agree a plan to support your family's needs. We will meet every 6-8 weeks to review the plan and any changing needs and progress.

Our aim is to make family life more enjoyable and to help build a safer future for you and your family.

Who can refer to our service?

Any professional working with you and your family can refer to the Safe and Healthy Baby Service.

'I really appreciate how she was able to get all professionals involved in my care working together...'

- message from a Manchester parent



What can we help with?

Support for the family:

- Past trauma or baby loss
- Young parent
- Mental health
- Domestic abuse
- Smoking, drugs or alcohol use
- Additional needs for parent

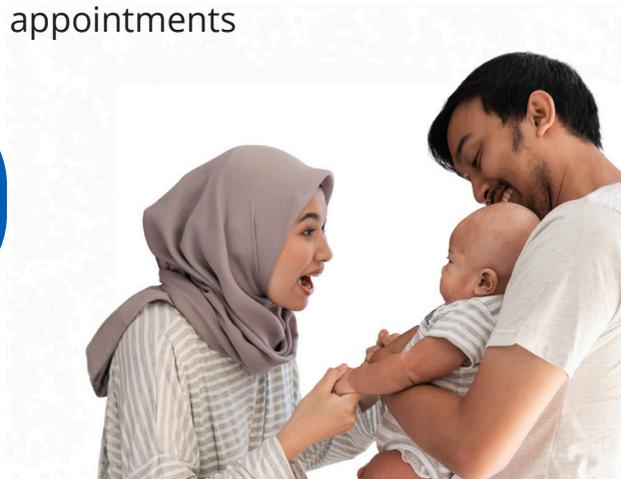
Support with baby:

- No safe sleep space for baby
- Bonding with your baby
- Additional needs for child

Support with accessing services:

- Homelessness/housing issues
- Money worries
- Struggling to attend appointments

'I always felt heard'
- message from a
Manchester parent



Contacting us

Opening times

Our service is available 5 days a week, Monday to Friday
8am to 4pm

You can contact us by phone or email



0161 861 2258



mft.shb@nhs.net

In case of a medical emergency please contact 111 or 999.

Visit our website

Scan the QR code to find out more about us.



Other languages



If you need this leaflet in any other format or language, please speak to the service.

This service is provided by Manchester Local Care Organisation (MLCO). We provide NHS community health care and social care in Manchester. We are a partnership organisation between the NHS and Manchester City Council. Find out more on our website:

www.manchesterlco.org