



## Wythenshawe (Brooklands) & Northenden Neighbourhood Partnership Update

Hello everyone

Hope this email finds you well, having enjoyed a week of sunshine and high temperatures. I feel the rain won't be long!



**Getting out and about:** Last Saturday the team were out an about in Wythenshawe with 'The Pressure Station' supporting the culmination of Men's Health Week. We were involved with Wythenshawe Community Rugby Club – development festival which saw several Rugby Clubs come together for Mini and Junior tournaments. We worked with

Cancer & Wythenshawe Community Housing Group who were there chatting to parents on the side-lines. We had lots of conversations, about heart health and checked lots of people's blood pressure (once they were nice an relaxed!).

Half of all heart attacks and strokes are associated with high blood pressure and unfortunately in Brooklands and Northenden rates of cardiovascular disease are higher than the Manchester average, with 50% of people with high blood pressure being undiagnosed. Unfortunately there are stark inequalities with undiagnosed hypertension, with men, people from ethnic minorities and people on low incomes more affected.

Alongside community engagement and opportunistic checks each GP practice will inviting patients who at risk who have not had a check over the last 12 months to attend their practice for a bit on an MOT.



We will be at **Wythenshawe Games** too. Every Friday of the three weeks of the games community organisations are invited to showcase what is wonderful about our place. We will also have a pop-up vaccination clinic available too.

I have attached the games flyer for the Friday community celebration and the vaccination flyer. If you want hard copies just let me know.

Link below for folk to book onto sports and activities.

If you're interested in attending any of the below dates, please contact me directly.

**Friday 29 -| Hollyhedge Park**

**Friday 5 - | Painswick Park & Woodhouse Park Lifestyle Centre**

**Friday 12 - | Wythenshawe Park**

### **Think Family: Children and Young People**

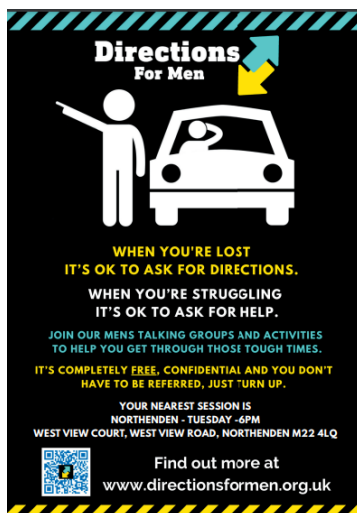
Over the last few weeks the frontline teams across the neighbourhood have been focusing on Children and Young people and familiarising ourselves with what's on offer for families.

I have attached a some useful information

- Sure Start timetables
- Family Action& Early Help: Wythenshawe Early Years Outreach team
- WCHG's Youth clubs, including specific SEND club
- Healthy Start information – There is a lot of unclaimed benefits in our neighbourhood (M22/M23), which equates to £1,250 per family. There has been lots of problems with the scheme changing over to the digital pre-paid scheme, which many families will currently be experiencing, but there will also be a lot of people who will be unaware that they are entitled to this benefit. The details of Freya is on the presentation, she is our Healthy Start Champion if we need more info.
- GMMH – Perinatal Compassion Focused Therapy Group
- Family support service @ Woodhouse Park Family Centre every Friday

Dina Pieri from Buzz Start Well, Developing Well team pulled all this together for us – so thank-you Dina.

### **Directions for Men**



As you know we have been working with Directions for Men for a while – last week it was 12 months since the first men's group ran in Wythenshawe and I was kindly invited along to their celebratory meal. It was great to hear how the groups are going, how folk are supporting each other and plans for future. There are several new local people who are currently going through their facilitation training which will help how the groups develop over the next 12 months and our ambition is to have a support offer for men everyday of the week in Wythenshawe .

The group in Northenden has recently moved times and now runs at 6pm on a Tuesday at West View Court. Flyer attached

### **Cost of Living / Energy Crisis and Winter**

Although its cracking the flags outside the team have started to plan our winter work early!

The team will be developing a 'Staying Well and Warm in Wythenshawe' leaflet again this year, as well as some specific comms to support vulnerable groups over winter. The leaflet will be going out via the Age Friendly Winter warmer bags again and via food banks. It is likely to cover keeping warm / food support/ keeping connected / winter vaccinations / energy and money advice. Would you like to have a space in this booklet? If so let me know and we can incorporate your information.

In the meantime some very useful information from Jess from Citizen Advice is attached – covering changes in benefits, tips to reduce energy usage and energy efficiencies.

### **Manchester Integrated Care System**

There is a lot of change in the local health care system at the moment, reading the latest briefing on the developments of forming 'NHS Greater Manchester Integrated Care' is helpful. Please find the stakeholder briefing attached.

### **Last but not least**

Be Smoke Free info attached. Be Smoke Free is a specialist nurse-led tobacco addiction service. A request for spaces to offer clinics from and info on their training offer as well as their referral mechanism

**Job Vacancy:** The vacancy for the Climate Change Neighbourhood Officer (Central Neighbourhoods Team) has gone live.

Closing Date: 5th July 2022

Please click [HERE](#) to view the vacancy on the external channel

**Funding** – Green spaces Fund now open

As always, if you need further info just give me a call

Rachel

