



Wythenshawe (Brooklands) & Northenden Neighbourhood Partnership Update

Hope you are all well and enjoying seeing the beginnings of spring. Always enjoy seeing the crocus pop their heads up.



Neighbourhood focus on Nutrition and Hydration

Next week is National Nutrition and Hydration week and one of our priorities over the last few years has been to improve eating, drinking and social connections across Wythenshawe (Brooklands) & Northenden. We have several events going on across the neighbourhood which will shine a light on the importance of a good diet and keeping hydrated.

There are several ways you can get involved:

-Attached is a tool kit which provides links to key resources and information sheets – can you have a conversation with someone you care for, live with or enjoy their company?

- The tool kit also provides links to brief training if you work with older people and later in the year we will be holding a face-to-face brief intervention training session – please let me know if you want to be involved with this (Rachel.harding9@nhs.net)

-I have attached 7 days of social media posts (Twitter and Facebook) – can you help me share them? I am going to schedule them to post everyday (if I figure out how to do that!). Please use

@NHWeek #NHWeek @HealthySouthMCR



Nutrition and Hydration week_Twitte



Nutrition and Hydration Week_facet



Nutrion and Hydration Tool Kit_20

We have one last event to plan – **Do you have a group running on a Friday and would like one of community dieticians to attend?** –If so please get in touch and I'll connect you to the team and share some of our printed resources.

Directions for Men

We now have a local group supporting men every Tuesday in Northenden @West View Court. Attached is the flyer. Turn up or contact 07894971434.



Northenden group
flyer.pdf

South Manchester Transport Group

Attached is an email from the Transport Group with various attachments giving more information on transport options for people (transport schemes for people with life limiting illnesses / patient transport etc)



Travel Quest - virtual
transport event.msg

Covid Vaccination update

Attached is a leaflet for the Wythenshawe Vaccination offer which includes information about the Forum, Baguley pharmacy, how to get a taxi to a vaccination site and the covid helpline for any questions or queries.

Also attached is a guide for parents/carers being asked to consent for their child's vaccination – I have this in many languages, just let me know if you need a translated version. attachment to follow



aide memoire A4 KI
v.2 - English - web ver



Wythenshawe
COVID-19 vaccination

Neighbourhood Description

Attached is a co-produced neighbourhood description, provides a summary of key information about Brooklands and Northenden. Thanks to frontline forum for contributing to this.

It provides key statistics and insight about the area, alongside links to where to get more data from. I hope it can be used for neighbourhood inductions and as an input to any funding bids being written.

Please feel free to use....and if useful please do let me know.



Co-produced
neighbourhood descr

As always, if you need further info just give me a call
Rachel

