



**NHS**

Greater Manchester  
Mental Health  
NHS Foundation Trust

# No. 93

Supporting health and wellbeing in north Manchester



## CELEBRATE BLACK HISTORY MONTH TUES 12 OCTOBER 12-3pm

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### **No. 93 Wellbeing Centre**

93 Church Lane

Harpurhey

Manchester

M9 5BG

- ◆ **Free** African, Caribbean and English **food**
- ◆ African **music**
- ◆ Charity stalls offering support
- ◆ Info on wellbeing activities

**Free - Connect - Support - Wellbeing - Music - Food - Activities - Fun**

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[www.gmmh.nhs.uk/no-93](http://www.gmmh.nhs.uk/no-93)